

# Breakfast Menu

# May 2021

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday                           |
|---|---|---|--|----------------------------------|
|   |   |   |  |                                  |
| 3<br>Variety Cereal<br>Crackers<br>Whole Fresh Apple  | 4<br>Banana Bread<br>Whole Fresh Apple                | 5<br>Sausage Biscuit<br>Whole fresh Orange          | 6<br>Mini Donuts<br>Fruit Cocktail                       | 7<br>No School                   |
| 10<br>No School                                       | 11<br>Strawberry Bagel<br>Whole Fresh Apple           | 12<br>PopTart & String Cheese<br>Whole fresh Orange | 13<br>Egg, Potato, & Cheese<br>Burrito<br>Fruit Cocktail | 14<br>Large Muffin<br>Applesauce |
| 17<br>Variety Cereal<br>Crackers<br>Whole Fresh Apple | 18<br>Plain Bagel & Cream Cheese<br>Whole Fresh Apple | 19<br>Strawberry Bagel<br>Whole fresh Orange        | 20<br>Yogurt & Granola<br>Fruit Cocktail                 | 21<br>Waffles<br>Applesauce      |
| 24<br>Variety Cereal<br>Crackers<br>Whole Fresh Apple | 25<br>Strawberry Bagel<br>Whole Fresh Apple           | 26<br>Cinnamon Roll<br>Whole fresh Orange           | 27<br>Pancakes<br>Applesauce                             | 28                               |



skim & 1% Milk  
Offered Daily



"Having Breakfast is the Best Way to  
Start the Day and Prolong Your Life!"

*Menu is subject to change due to product availability*

"This institution is an equal opportunity provider"

# Lunch Menu May 2021

| Monday   | Tuesday  | Wednesday  | Thursday                                    | Friday                                     |
|--|--|--|---|--|
|  |  |  |   |  |
| 3<br>Turkey Hot Dog<br>Carrots<br>Fruit                  | 4<br>Popcorn Chicken & Mashed<br>potato Bowl<br>Cucumbers<br>Fruit | 5<br>Chicken Fried Rice W/<br>Steamed Veggies<br>Fruit | 6<br>Pepperoni Pizza<br>Broccoli<br>Fruit   | 7<br>No School                             |
| 10<br>No School  | 11<br>Cheeseburger<br>Pickles<br>Fruit                             | 12<br>Spaghetti W/ Meat Sauce<br>Celery<br>Fruit       | 13<br>Cold Cut Sub<br>Cucumbers<br>Fruit    | 14<br>Pepperoni Pizza<br>Broccoli<br>Fruit |
| 17<br>Turkey Corn Dog<br>Carrots<br>Fruit                | 18<br>Spanish Rice & Chicken Bowl<br>Cucumbers<br>Fruit            | 19<br>Bean, Beef & Cheese Nachos<br>Cucumbers<br>Fruit | 20<br>Turkey Sandwich<br>Salad Mix<br>Fruit | 21<br>Pepperoni Pizza<br>Broccoli<br>Fruit |
| 24<br>Chicken Nuggets<br>Dinner Roll<br>Carrots<br>Fruit | 25<br>Chicken Quesadilla<br>Cucumbers<br>Fruit                     | 26<br>Baked Beef Ziti Pasta<br>Celery<br>Fruit         | 27<br>Pepperoni Pizza<br>Broccoli<br>Fruit  | 28   |



skim & 1% Milk  
Offered Daily



Eat a balance meal by always adding  
fruit and vegetables to your plate!

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# Menu de Desayuno **Abril 2021**

| Lunes   | Martes                                 | Miércoles                                       | Jueves   | Viernes                                |
|---|--|---|--|--|
|   |  |   |  |  |
| 3<br>Cereal de Variedad<br>Galleta Integral<br>Manzana  | 4<br>Banana Bread<br>Manzana           | 7<br>Bisquete de Salchicha<br>Naranja Fresca    | 8<br>Mini Donas<br>Fruta Mixta                         | 9<br>No Classes                        |
| 10<br>No Classes  | 11<br>Bagels de fresa<br>Manzana       | 12<br>Poptart & String Cheese<br>Naranja Fresca | 13<br>Burrito de Huevo con Papa y Queso<br>Fruta Mixta | 14<br>Muffin Grande<br>Pure de Manzana |
| 17<br>Cereal de Variedad<br>Galleta Integral<br>Manzana | 18<br>Bagel con Queso Crema<br>Manzana | 19<br>Mini Bagels de Fresa<br>Naranja Fresca    | 20<br>Yogurt Y Granola<br>Fruta Mixta                  | 21<br>Mini Donas<br>Pure de Manzana    |
| 24<br>Cereal de Variedad<br>Galleta Integral<br>Manzana | 25<br>Mini Bagels de fresa<br>Manzana  | 26<br>Pan de Canela<br>Naranja Fresca           | 27<br>Pancakes<br>Fruta Mixta                          |  |



**Leche de 1% Y Deslatada son Ofrecidas Diario**



**"Desayunando es una gran forma de empezar tu dia"**

*El menú está sujeto a cambios debido a la disponibilidad del producto*

"Esta Institución es un proveedor que ofrece igualdad de oportunidades"

# Menu de Lonche Mayo 2021

| Lunes   | Martes   | Miércoles  | Jueves  | Viernes                                       |
|---|--|--|---|---|
| 3<br>Hot Dog de Pavo<br>Zanahoria<br>Fruta                  | 4<br>Pollitos con Pure de Papa y Elote<br>Pepinos<br>Fruta | 5<br>Arroz frito con Pollo y Vegetales<br>Zanahoria<br>Fruta | 6<br>Pizza de Pepperoni<br>Broccoli<br>Fruta  | 7<br>No Classes                               |
| 10<br>No Classes  | 11<br>Hamburguesa de Queso<br>Pepinos<br>Fruta             | 12<br>Spaghetti con Salsa de Carne de Res<br>Apio<br>Fruta   | 13<br>Sub Frio<br>Pepinos<br>Fruta            | 14<br>Pizza de Pepperoni<br>Broccoli<br>Fruta |
| 17<br>Corn Dog de Pavo<br>Zanahoria<br>Fruta                | 18<br>Arroz Amarillo con Pollo<br>Pepinos<br>Fruta         | 19<br>Nachos con Queso Y Frijoles<br>Pepinos<br>Fruta        | 20<br>Sandwich Frio de Pavo<br>APIo<br>Fruta  | 21<br>Pizza de Pepperoni<br>Broccoli<br>Fruta |
| 24<br>Chicken Nuggets<br>Mac N Cheese<br>Zanahoria<br>Fruta | 25<br>Quesadilla con Pollo<br>Zanahoria<br>Fruta           | 26<br>Pasta Ziti con Carne<br>Apio<br>Fruta                  | 27<br>Pizza de Pepperoni<br>Broccoli<br>Fruta | 28  |



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Deslatada son Ofrecidas Diario



Punto Saludable: Lavate las manos por 20 segundos siempre antes de comer.

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