



SEPTEMBER 2026

Our Lady of Perpetual Help Catholic School

1% White milk & FF Chocolate milk offered Daily
*Second Entrée Choice
K-8

Monday

Tuesday

Wednesday

Thursday

Friday

Cheese Quesadilla
Refried Beans & Cheese
Carrot Sticks
Apple Whole
Diced Peaches
*Un crustable

Mandarin Chicken & Rice
Cucumber Slices
Celery Sticks
Pear
Diced Mango
*Un crustable

Stuffed Crust Pizza
Garden Salad
Broccoli Bites
Blueberries
100% Fruit Juice
*Un crustable

Turkey & Cheese Croissant
Cucumber Slices
Sweet Corn
Oranges Smiles
Sidekicks Frozen Smoothie
*Un crustable

No School

Bean & Cheese Burrito
Carrotteens/w Ranch
Celery Sticks
Kiwi
100% Fruit Juice
*Un crustable

Brd Chicken Drumstick & Roll
Mashed Potatoes
Carrot Sticks
Grape Escape
Mixed Fruit
*Un crustable

Stuffed Crust Pizza
Garden Salad
Broccoli Bites
Strawberries
100% Fruit Juice
*Un crustable

Pretzel & Cheese
Cucumber Slices
Sweet Corn
Orange Smiles
Sidekicks Smoothie Frozen Juice
*Un crustable

Cheeseburger Backyard Griller
Crinkle Fries
Carrot Sticks
Watermelon
Sliced Pears
*Un crustable

Walking Taco
Refried Beans & Cheese
Cauliflower
Diced Mango
Mixed Fruit
*Un crustable

Turkey Hotdog
Sweet Potato Home Fries
Cucumber Slices
Apple
Sliced Pears
*Un crustable

Stuffed Crust Pizza
Garden Salad
Broccoli Bites
Blueberries
100% Fruit Juice
*Un crustable

Submarine Sandwich
Baby Carrots /w Ranch
Celery Sticks
Pear
Sidekicks Frozen Smoothie
*Un crustable

Chicken Patty Sandwich
Ranch Beans
Garden Salad
Apple
Sliced Peaches
*Un crustable

Bean & Cheese Pupusa
Carrotteens/w Ranch
Cucumber Slices
Blueberries
Sliced Apples
*Un crustable

Chicken Popcorn Poppers & Roll
Smile Potatoes
Celery Sticks
Oranges Smiles
Mixed Fruit
*Un crustable

Stuffed Crust Pizza
Garden Salad
Broccoli Bites
Strawberries
100% Fruit Juice
*Un crustable

Grilled Cheese Sandwich
Baked Bean
Celery Sticks
Sidekicks Smooth Frozen Juice
Pear
*Un crustable

Italian Cheese Stick
w /marinara cup
Cucumber Slices
Garden Salad
Strawberries
Diced Pears
*Un crustable

Pork Tamales
Refried Beans & Cheese
Carrot Sticks
Banana
Mixed Fruit
*Un crustable

Chicken Nuggets & Crackers
Baked Beans
Celery Sticks
Blueberries
Sliced Pears
*Un crustable

Veggie Medley-Sweet Peppers & Cauliflower or Broccoli & Cherry Tomato
Mixed Vegetables-Green Beans, Corn, Carrot

*Mixed Fruit-Pears, Peach, Grape, Pineapple

USDA is an Equal Opportunity Provider, Employer and Lender.



Menu Subject to change without notice due to supply chain issues