



SEPTEMBER 2026

Our Lady of Perpetual Help Catholic Preschool

1% White milk served daily

PK

Monday

Tuesday

Wednesday

Thursday

Friday

Cheese Quesadilla
Refried Beans & Cheese
Apple Slices

1

Mandarin Chicken & Rice
Cucumber Slices
Diced Mango

2

Stuffed Crust Pizza
Garden Salad
Blueberries

3

Turkey & Cheese Croissant
Carrotteensies/w Ranch
Oranges Smiles

4

No School

7

Bean & Cheese Burrito
Carrotteensies/w Ranch
Kiwi

8

Breaded Chicken Drumstick
WG Dinner Roll
Mashed Potatoes
Grape Escape

9

Stuffed Crust Pizza
Broccoli Bites
Strawberries

10

Pretzel & Cheese
Cucumber Slices
Orange Smiles

11

Cheeseburger Backyard Griller
Crinkle Fries
Watermelon

14

Walking Taco
Refried Beans & Cheese
Diced Mango

15

Turkey Hotdog
Sweet Potato Home Fries
Apple Slices

16

Stuffed Crust Pizza
Garden Salad
Blueberries

17

Submarine Sandwich
Celery Sticks
Sliced Pears

18

Chicken Patty Sandwich
Ranch Beans
Sliced Peaches

21

Bean & Cheese Pupusa
Carrotteensies/w Ranch
Blueberries

22

Chicken Popcorn Poppers & Roll
Smile Potatoes
Oranges Smiles

23

Stuffed Crust Pizza
Broccoli Bites
Strawberries

24

Grilled Cheese Sandwich
Celery Sticks
Sliced Pear

25

Italian Cheese Stick
w /marinara cup
Sweet Corn
Strawberries

28

Pork Tamales
Refried Beans & Cheese
Kiwi

29

Chicken Nuggets & Crackers
Carrot Sticks
Blueberries

30

Veggie Medley-Sweet Peppers & Cauliflower or Broccoli & Cherry Tomato
Mixed Vegetables-Green Beans, Corn, Carrot

*Mixed Fruit-Pears, Peach, Grape, Pineapple

USDA is an Equal Opportunity Provider, Employer and Lender.



Menu Subject to change without notice due to supply chain issues