



BREAKFAST

OCTOBER 2026

Our Lady of Perpetual Help Catholic School

1% White milk & FF White milk
offered daily
Menu subject to change without
notice
K-8

Monday

Tuesday

Wednesday

Thursday

Friday

Happy
Fall! ♥

Lucky Charms Cereal
Animal Crackers
Buddy Fruits
Craisins

Mini Straw filled Bagel
100% Fruit Juice
Bananas

Mini Donuts WG
100% Fruit Juice
Apple Crisps

Apple Cinnamon Muffin
Gogurt
100% Fruit Juice
Fruit Mixed Fruit Bowl

Strawberry Cheerios Bar
String Cheese
100% Fruit Juice
Raisins

No School

Bagel & Cream Cheese
Grape Escapes
Apple Crisps

Mini Donuts WG
Apple Slices
Craisins

Banana Bread Slice
Diced Peach Cup
100% Fruit Juice

Cinnamon Toast Cereal Bar
String Cheese
Apple Slices
100% Fruit Juice

Trix Cereal 2oz
100% Fruit Juice
Craisins

Cinnamon Bun
Animal Cracker
100% Fruit Juice
Bananas

Mini Donuts WG
100% Fruit Juice
Apple

Blueberry Muffin
Gogurt
100% Fruit Juice
Fruit Mixed Fruit Bowl

Trix Cereal Bar
String Cheese
100% Fruit Juice
Grape Escapes

Cinnamon Toast Cereal 2oz
Buddy Fruits
100% Fruit Juice

Mini Cinni filled Rolls
100% Fruit Juice
Bananas

Mini Donuts WG
100% Fruit Juice
Apple Crisps

Banana Muffin
Gogurt
100% Fruit Juice
Fruit Mixed Fruit Bowl

Coco Puffs Cereal Bar
String Cheese
100% Fruit Juice
Raisins

Mixed Fruit-Pears, Peach, Grape, Pineapple

USDA is an Equal Opportunity Provider, Employer and Lender.

Menu Subject to change without notice due to supply chain issues.

Good Food
Brighter Days!