



LUNCH

OCTOBER 2026

Our Lady of Perpetual Help Catholic School

1% White milk & FF Chocolate milk offered Daily
*Second Entrée Choice : Uncrustable
K-8

Monday

Tuesday

Wednesday

Thursday

Friday

Happy
Fall!

Chicken Nuggets & Roll
Baked Beans
Celery Sticks
Blueberries
Mixed Fruit

5

Bean & Cheese Burrito
Baby Carrots/w Ranch
Celery Sticks
Kiwi
100% Fruit Juice

6

Orange Chicken & Fried Rice
Cucumber Slices
Celery Sticks
Diced Mango
Pear

7

Italian Cheese Stick w/Marinara
Mixed Garden Greens Salad
Veggie Medley
Blueberries
100% Fruit Juice

1

Cheeseburger
Crinkle Cut Fries
Carrot Sticks
Watermelon
Diced Pears

2

Stuffed Crust Pizza
Mixed Garden Greens Salad
Baby Carrots
Strawberries
100% Fruit Juice

8

No School

9

No School

12

Bean & Cheese Pupusa
Cucumber Slices
Sweet Corn
Blueberries
Pear

13

Chicken Drumstick & Tx Toast
Potato Smiles
Carrot Sticks
Grapes
Applesauce

14

French Bread Cheesy Pizza
Mixed Garden Greens Salad
Celery Sticks
Orange Smile
100% Fruit Juice

15

Grilled Cheese Sandwich
Baked Beans
Baby Carrot/w Ranch
Pears
100% Fruit Juice

16

Italian Stick/w Marinara
Sweet Corn
Mixed Garden Greens Salad
Strawberries
Diced Pears

19

Chicken & Cheese Quesadilla
Refried Beans & Cheese
Cucumber Slices
Apple
Diced Peaches

20

Turkey Hotdog
Sweet Potato Fries
Cauliflower Bites
Pineapple Spear
Applesauce

21

Stuffed Crust Pizza
Mixed Garden Greens Salad
Jicama & Tajin
Oranges
100% Fruit Juice

22

Mac & Cheese w/ Brd Stick
Green Beans
Carrot Sticks
Grape Escape
Side Kicks 100% Fruit Cup

23

Mini Corn Dogs W/W Turkey
Baked Beans
Celery Sticks
Diced Mango
Mixed Fruit

26

Mini Blueberries Pancakes
Turkey Sausage Patty
Baby Carrots /w Ranch
Celery Sticks
Bananas
Diced Peaches

27

Chicken Popcorn Smackers
Dinner Roll
Potato Smiles
Celery Sticks
Orange
Mixed Fruit

28

Stuffed Crust Pizza
Mixed Garden Greens Salad
Baby Carrots /w Ranch
Strawberries
100% Fruit Juice

29

Walking Taco
Steamed Carrots
Celery Sticks
Kiwi
100% Fruit Juice

30

Veggie Medley-Sweet Peppers & Cauliflower or Broccoli & Cherry Tomato
Mixed Vegetables-Green Beans, Corn, Carrot
*Mixed Fruit-Pears, Peach, Grape, Pineapple

USDA is an Equal Opportunity Provider, Employer and Lender.

Menu Subject to change without notice due to supply chain issues.

Good Food
Brighter Days!