

 **LUNCH**

OCTOBER 2026

Our Lady of Perpetual Help Catholic Preschool

1% White milk & FF Served Daily
PK



Monday

Tuesday

Wednesday

Thursday

Friday

Happy Fall!

Chicken Nuggets & Roll
Baked Beans
Mixed Fruit

Bean & Cheese Burrito
Baby Carrots/w Ranch
Kiwi

Orange Chicken & Fried Rice
Cucumber Slices
Diced Mango

Stuffed Crust Pizza
Mixed Garden Greens Salad
Strawberries

Cheeseburger
French Fries
Watermelon

No School

No School

Bean & Cheese Pupusa
Cucumber Slices
Apple Slices

Chicken Drumstick w/TX Toast
Potato Smiles
Grapes

Cheese French Bread
Mixed Garden Greens Salad
Orange Smiles

Grilled Cheese Sandwich
Baked Beans
Diced Pears

Italian Stick/w Marinara
Sweet Corn
Strawberries

Chicken & Cheese Quesadilla
Refried Beans & Cheese
Diced Peaches

Turkey Hotdog
Sweet Potato Fries
Pineapple Spear

Stuffed Crust Pizza
Mixed Garden Greens Salad
Oranges

Mac & Cheese w/ Brd Stick
Green Beans
Grape Escape

Mini Corn Dogs W/W Turkey
Baked Beans
Diced Mango

Mini Blueberries Pancakes
Turkey Sausage Patty
Baby Carrots /w Ranch
Bananas

Chicken Popcorn Smackers
Dinner Roll
Potato Smiles
Orange

Stuffed Crust Pizza
Mixed Garden Greens Salad
Strawberries

Walking Taco
Steamed Carrots
Kiwi

Veggie Medley-Sweet Peppers & Cauliflower or Broccoli & Cherry Tomato
Mixed Vegetables-Green Beans, Corn, Carrot
*Mixed Fruit-Pears, Peach, Grape, Pineapple

USDA is an Equal Opportunity Provider, Employer and Lender.
Menu Subject to change without notice due to supply chain.

*Good Food
Brighter Days!*